Adult Care and Health Committee

Agenda Item 8

Brighton & Hove City Council

Subject: Day Services Commissioning Plan

Date of Meeting: 25th June 2012

Report of: Director of Adult Social Care / Lead Commissioner

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Key Decision: No

Wards Affected: All

FOR GENERAL RELEASE

1. SUMMARY AND POLICY CONTEXT:

- 1.1 This report sets out proposals to consult on developing a commissioning plan for day activities for people with learning disabilities, autistic spectrum disorder, older people, people with dementia and people with physical disabilities. The commissioning plan will detail day activities that will be provided in the city for the next five years. There are savings attached to this.
- 1.2 The council's Personalisation Strategy 2010 requires all social care and support services to offer more flexibility and choice. This includes day activities, which must be outcome focused, cost effective and available to a wider range of people who may be purchasing their own care or using a personal budget.
- 1.3 Demographic changes such as the increasing number of older people in their 80's and 90s and people with complex learning and physical disabilities highlights the need to focus specialist services on those with the greatest need and to make best use of resources. There is also a continuing aim enshrined in the Equality Act 2010, to enable people with disabilities to participate as full and active citizens in the community through reasonable adjustments in mainstream services.
- 1.4 This paper proposes that consultation commences to develop a local plan for day services on the draft outcomes set out in 3.6.1. Consultation will include possible future users, carers and potential providers. This plan will set out the local commissioning intentions for day services and actions to be taken forward to maximise opportunities for people to access services widely available in the community and to deliver the best use of resources.
- 1.5 This report also acknowledges that there are some current operational issues affecting day services that need to be addressed: As reported to Cabinet Member meetings in 2010 and 2011 there is a reduction in the number of older people attending building based day services. As a result, both Craven Vale and Tower House day centres (services for older people and people with a physical disability) remain under occupied

and are not being used to their full potential. Specific proposals regarding Craven Vale and Tower House day centres set out in 2.3 and Appendix 3.

2. Recommendations:

- 2.1 That the Adult Care and Health Committee agrees to commence consultation on the development of a commissioning plan.
- 2.2 That the Adult Care and Health Committee agree that the commissioning plan is brought back to Adult Care and Health Committee in November 2012.
- 2.3 That Committee agrees to a period of engagement with service users, their families, staff and trade unions concerning the reprovision of day services currently operating 3 days a week at Craven Vale.

3. Relevant background information

- 3.1 Day activities funded by Adult Social Care (and jointly funded by Health) include building based day centres, outreach workers and peripatetic teams. These are provided directly by the council and through contracts with the community and voluntary sector and incorporate services to older people, older people with dementia, people with learning disabilities, and physical and sensory disabilities.
- 3.2 This report considers building based day centres/activities accessed through the Adult Social Care assessment process. Day services for people with mental health needs (excluding dementia) are currently being recommissioned and therefore this will not be included, although commissioners will be working closely together on cross cutting issues.
- 3.3 The 'Vision for Adult Social Care: capable communities and active citizens' sets out a new direction for adult social, focussing on personalised services and outcomes. The vision is to create a range of service provision provided in partnership with the statutory, voluntary and independent sector based around the needs and preferences of the individual. Similarly 'Think Local Act Personal' builds on personalisation and also devolves powers to the local community to reshape services and to develop informal networks maintain people's independence.
- 3.4 Traditionally day services have been provided by care group, but the *Equality Act* 2010 specifies that provision must be based on need rather than defined by age or health diagnosis. It is therefore proposed to develop a commission plan across client groups to provide:
 - i) Specialist building based services for people with complex needs
 - ii) Support to access resource centres, community services or activities within service users' 24 hour accommodation. These activities need to be able to reduce social isolation, develop life skills, reablement and provide respite for carers
 - iii) Support for people to find work including voluntary work
 - iv) Links to the network of information and advice services and other universal services including informal support networks

The commissioning plan will be developed according to the councils' intelligent commissioning cycle that includes:

- Developing an understanding of needs and potential needs in the future
- Setting priorities and service outcomes
- Consultation with stakeholders

3.5 Current provision

3.5.1 Older people

The total investment in older people's day services from the Council in 2011/12 was £1,160,000.

There are two independent sector contracts for older peoples' day activities. St Johns (Brunswick Older Peoples Project) which supports an average of 100 older people per week and Somerset Day Centre which is used by an average of 75 people a week.

The independent sector is awarded approximately £200,000 council contribution and additionally the PCT make a direct contribution of approximately £50,000.

Adult Social Care currently provides four in-house four building based day services for older people. These are Tower House (older people and disabled adults), Craven Vale within the Resource Centre (older people – 3 days per week), Wayfield Avenue and Ireland Lodge within Resource Centres (for older people mental health needs).

Actual costs for in-house day provision 2011-12 were £960, 000.

There is a reduction in the number of older people attending building based day services and as a result of service at Craven Vale Day Centre and Tower House is under occupied.

3.5.2 Learning Disabilities and Autism

There are 5 council run day centres for Adults with Learning Disabilities supporting 136 service users at a cost of £1.9m in 2011/12.

There are 5 main independent sector day services in the city supporting 115 people at a cost of £1.2m. There is also a resource centre for people with an Autistic Spectrum Disorder supporting 2 people.

There is a council run supported employment team that supports people with disabilities (primarily people with a learning disability and Autistic Spectrum Disorder) to find employment or to keep employment of 16 hours per week or less. The total spend for the team for 2011/12 was £213,000 who supported in the region of 175 people in 2011/12.

The council also runs a Supported Business 'Able and Willing'. As a business, this activity is outside of the scope of the day centre commissioning plan.

3.5.3 Physical disabilities

Day services to 15 people with physical disabilities are provided through contracts with Headway and Swanborough at a cost per annum of £81,000 (2011-12 actual).

3.5.4 Embrace

The council has commissioned the Federation of Disabled People to identify what services and activities are universally available across the city (called Embrace). This information will be available to people living in Brighton and Hove via a website which should be operational by 2013. The aim of this information is for people to find out what activities people can access or for free or for a small charge within their own local area. In this way people will be able to find out what is available in addition to statutory services or if they do not meet the council's eligibility criteria. In this way people will be provided with options to remain active in the community and so prevent or delay the need for statutory support. Key to the Embrace model is ensuring that information is made available to everyone, including people who do not have access to digital information.

3.6 Developing the commissioning plan

- 3.6.1 The Strategy will define key outcomes for day services such as:
 - (1) Reducing social isolation
 - (2) Providing respite for carers/families
 - (3) Learning independent skills
 - (4) Providing support services that help people to remain at home / return home to the community
 - (5) Supporting people into voluntary or paid employment
 - (6) Linking people to universal services within the community
- 3.6.2 It is proposed to review the use of existing buildings across client groups to create two tiers of service, specialist services for those with the most complex needs and a network of building based 'hubs' across the city in different geographical locations. The aim of the network of services would be to provide life skills, re-ablement activities, reduce social isolation, provide information and advice and 'low' level support for carers. The centres will be interlinked with universal support services available for people across the city (linked to Embrace). Within this model people will also be able to use their personal budget to access day activities.
- 3.6.3 It is however recognised that day services provide a vital role in providing respite for family carers. Therefore, activities provided during the day in the future need to be reliable and to provide the necessary surety for family carers to maintain their own health and well being (including their own employment).

4 CONSULTATION

4.1 The proposed consultation process on the commissioning plan is set out in Appendix 1. The mechanisms to consult will include:

- Online questionnaire
- Survey with potential users
- Focus groups
- Meetings with service providers using existing forums and individual meetings where required
- Service user groups and forums
- Communication via newsletter
- 4.2 Craven Vale: An extensive consultation exercise was carried out with service users in 2010, when Craven Vale day centre reduced to operating 3 days a week. As a result, , it is not proposed that any further consultation will be carried out; however staff, service users and their families will be fully engaged in any changes made to the service.
 - 5. FINANCIAL & OTHER IMPLICATIONS:
- 5.1 Financial Implications:

There is budgetary provision in 2012/13 of £4.7m for day services across Older People, Physical Disabilities and Learning Disabilities. Approximately £1.8m is for Independent Providers and £2.9m for In-house provision; this includes £0.9m for Older People, £1.76m for Learning Disabilities and £0.24m for Employment Support. A savings target of £0.4m for Day Services (£0.250m 12/13 and £0.150m 13/14) is included in the budget strategy and will be taken into account in the development of the new Commissioning Plan in order to improve value for money and reduce unit costs whilst delivering an outcomes focussed service"

Finance Officer Consulted: Michelle Herrington Date: 12.6.12

5.2 <u>Legal Implications:</u>

The national policy drivers and legislative requirements leading to the need to develop a new commissioning plan for day services are specifically referred to in the body of this report. The consultation and engagement proposals provide opportunity for all interested and potentially affected parties to participate in the process of developing the plan; thus ensuring transparency, fairness and compliance with the principles enshrined in the Human Rights Act 1998 [Article 6 Right to a Fair Trial].

Lawyers Consulted: Sandra O'Brien Date: 12.06.12

5.3 Equalities Implications:

An Equalities Impact Assessment has been completed (see Appendix 2)

5.4 Sustainability Implications:

The commissioning plan will make best use buildings and other resources and therefore contribute to the council's sustainability objectives.

5.5 Crime & Disorder Implications:

This proposal will promote social inclusion for people with disabilities and older people through supporting increased access to mainstream services and participation as equal citizens in the community.

5.6 Risk and Opportunity Management Implications:

- There is a risk that family carers and people who currently use services will become anxious about any changes to current provision.
- There is a risk that there is insufficient capacity in community and resource to meet people's needs in the future
- There is a risk that there will be a further reduction in the numbers of people accessing day services which will impact on income for providers.
- There is a risk that mainstream services will not have the capacity to provide for people who wish to access their service.

To reduce these risks, communication, engagement and consultation will therefore be appropriately resourced to mitigate peoples' anxiety and to ensure that feedback informs the commissioning plan.

5.7 Corporate / Citywide Implications:

This proposal will increase access to mainstream and universal services available locally and so enable people to participate as equal citizens in the city of Brighton & Hove.

6. EVALUATION OF ANY ALTERNATIVE OPTION(S):

6.1 Option 1 – Not to develop a commissioning plan

- There are £400,000 savings required over 2 years from the day services budget and unless changes are made this will lead to cuts in services.
- Currently services are provided by care groups rather than individual need which could be challenged under Equality legislation.
- The majority of day services can not be accessed via a Personal Budget. Therefore changes are needed in order to ensure systems are in place for people to access choice and control for their day activity.

• Without a commissioning plan, opportunities to increase access to mainstream and universal services will not be maximised.

7. REASONS FOR REPORT RECOMMENDATIONS

- 7.1 This report is presented to obtain approval to consult to develop a commissioning plan for day services.
- 7.2 The reprovision of Craven Vale is recommended as the day service has low numbers of people attending. In addition, occupancy levels at Tower House are low. The proposal to reprovide services from Craven Vale and offer service users alternative provision will make best use of the existing resources.

SUPPORTING DOCUMENTATION

Appendix 1 Consultation Plan

Appendix 2 Equalities Impact Assessment

Appendix 3 Craven Vale proposal